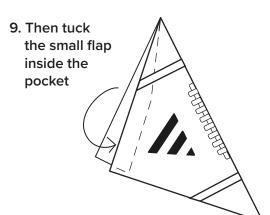


8. Folding the small flap the other way





## **Instructions for Paper Football:**

- 1. Take your piece of paper and either cut or fold it into a narrow strip.
- 2. Starting at one end, create a triangle by folding along the dotted line.
- 3. Continue folding triangles until there is not enough paper left for a full triangle.
- 4. Take the leftover paper, and tuck it inside the triangle.
- 5. You're ready to play!

## Instructions for Tabletop Football:

- Sit across from each other.
- Flip a coin to see who will play offense first.
- The offensive player will place the football on the table in front of them and have 3 tries to flick it toward the other player and score a touchdown.
- A touchdown is scored if the football remains on the table, but part of it hangs over the edge.
- If a touchdown is scored (6 points), an extra point is attempted by using your finger to prop up the paper football and flick it through the uprights created by the opposing player.
- The uprights are created by touching your thumbs together and sticking your pointer fingers up at a 90 degree angle.
- If no touchdown is scored after 2 tries, the player has a third attempt or "down" to either flick a field goal for 3 points or go for a touchdown. A missed field goal counts as a rouge (= 1 point).
- If no touchdown was scored, it's the other player's turn to attempt a touch down from wherever the paper football stopped on the table.
- Play until a set number of points is scored or until your paper football explodes... your choice!