

Fences: A Fence of Rest
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If I grow **IMMENSE** on my outside without a **FENCE** for my inside, the winds of life will blow, and my damaged roots won't be able to keep me from falling.

We put FENCES around things that are **valuable**.

FENCES keep **BAD things OUT** and **GOOD things IN**.

Q // What FENCES have I put in my life to protect my roots, to ensure I'll thrive for the long haul?

Genesis 2:2-3 NIV

By the seventh day God had finished the work he had been doing; so **on the seventh day he rested** from all his work. Then God blessed the seventh day and made it **holy**, because on it he **rested** from all the work of creating that he had done.

A Fence of Rest

1) The First Fence God Created Was Around TIME

Qadosh: *Hebrew* – Holy, To be set apart for a special purpose

Genesis 2:3 NIV

Then God blessed the seventh day and made it **holy**, because on it he **rested** (*shabbat*) from all the work of creating that he had done.

Shabbat: *Hebrew* – Sabbath, To cease, To abstain, To end, To stop

Exodus 20:8-11 NIV

Remember the Sabbath day by keeping it **holy**. Six days you shall labor and do all your work, but the seventh day is a **Sabbath** to the Lord your God. On it you shall not do **ANY WORK**... For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day.

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2) The Sabbath is the Gift of a Day

Unobserved Sabbaths **Accumulate**

2 Chronicles 36:21 NLT

The land finally enjoyed its Sabbath rest, lying desolate until the **SEVENTY YEARS** were fulfilled, just as the prophet had said.

The Sabbath is my day to **Pray and Play**

Colossians 3:15 NIV

Let the peace of Christ rule in your hearts...

"Because the world is full of so many ugly things, on the sabbath I must feed my soul beauty."

Deuteronomy 5:15 NIV

Remember that you were **SLAVES** in Egypt and that the Lord your God brought you out of there with a mighty hand and an outstretched arm. Therefore the Lord your God has commanded you to observe the **Sabbath** day.

We've been set free but too many of us are still living as slaves.

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3) The Sabbath is a Daily Gift

Matthew 11:28-30 NIV

"Come to me, all you who are weary and burdened, and I will give you **rest**. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find **rest** for your souls. For my yoke is easy and my burden is light."

Jesus wants the Sabbath to become an **attitude** and a **lifestyle**. Wherever I am, I can pause and find Jesus right there.