# A Story of Family: Four Keys to a Healthy Family Pastor Dennis & Colleen Rouse March 9-10, 2019

## 4 Keys to a Healthy Family:

- 1. Acceptance knowing you are loved and needed
- 2. Security knowing you are protected and provided for
- 3. Identity knowing you are significant
- 4. Purpose knowing your reason for living
- 1. Acceptance knowing you are loved and needed
  - Flaws appearance
  - Faults habits and personality quirks
  - Failures things that disappoint or harm

#### Luke 6:42 NLT

"How can you think of saying, 'Friend, let me help you get rid of that speck in your eye,' when you can't see past the log in your own eye? Hypocrite! First get rid of the log in your own eye, then you will see well enough to deal with the speck in your friend's eye."

#### Colossians 3:12 NLT

Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience.

# **Ephesians 4:2-3 NLT**

Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.

2. Security - knowing you are protected and provided for

# 3 Primary Areas of Security:

## 1. Spiritual security

### Matthew 6:33 NKJV

"But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

## 2. Physical security

#### 1 Corinthians 6:16-20 MSG

There's more to sex than mere skin on skin. Sex is as much spiritual mystery as physical fact. As written in Scripture, "THE TWO BECOME ONE." Since we want to become spiritually one with the Master, we must not pursue the kind of sex that avoids commitment and intimacy, leaving us more lonely than ever — the kind of sex that can never "become one." There is a sense in which sexual sins are different from all others. In sexual sin we violate the sacredness of our own bodies, these bodies that were made for God-given and God-modeled love, for "becoming one" with another. Or didn't you realize that your body is a sacred place, the place of the Holy Spirit? Don't you see that you can't live however you please, squandering what God paid such a high price for? THE PHYSICAL PART OF YOU IS NOT SOME PIECE OF PROPERTY BELONGING TO THE SPIRITUAL PART OF YOU. God owns the whole works. So let people see God in and through your body.

# 3. Financial security

## **Proverbs 3:5-6 NLT**

Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.

## Proverbs 3:9-10 NKJV

Honor the Lord with your possessions, and with the firstfruits of all your increase; so your barns will be filled with plenty, and your vats will overflow with new wine.

# 3. Identity — knowing you are significant

## Matthew 19:5 NKJV

"... and said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh.'?"

#### Romans 12:10 NLT

Love each other with genuine affection, and take delight in honoring each other.

#### **Ecclesiastes 4:9-12 NLT**

Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. Likewise, two people lying close together can keep each other warm. But how can one be warm alone? A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

## 4. **Purpose** — knowing your reason for living

# **Ephesians 1:11 MSG**

It's in Christ that we find out who we are and what we are living for. Long before we first heard of Christ and got our hopes up, he had his eye on us, had designs on us for glorious living ...