

## **OVERCOMER: OVERCOMING FEAR**

**Pastor Dennis Rouse**

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### **1 John 5:4 NKJ**

*For whatever is born of God overcomes the world. And this is the victory that has overcome the world—our faith.*

### **Top 10 Fears of People:**

1. Fear of flying
2. Fear of public speaking
3. Fear of heights
4. Fear of the dark
5. Fear of intimacy
6. Fear of death
7. Fear of failure
8. Fear of rejection
9. Fear of spiders
10. Fear of commitment

### **Things to Know about Fear:**

1. Fear originates from a spirit.

### **2 Timothy 1:7 NKJ**

*For God has not given us a spirit of fear, but of power and of love and of a sound mind.*

### **Ephesians 6:12 NKJ**

*For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.*

2. Fear opens the door to curses in your life.

### **Job 3:25 NKJ**

*For the thing I greatly feared has come upon me, and what I dreaded*

*has happened to me.*

3. Fear closes the door to blessings in your life.

“Fear is faith that it won’t work out.”

4. Fear paralyzes us from fulfilling our purpose.

“Fears lie and make us not go where we might have won. There are always two voices sounding in our ears — the voice of fear and the voice of faith. One is the clamor of the senses. The other is the whispering of God. NEVER LET YOUR FEARS HOLD YOU BACK FROM PURSUING YOUR DREAM.”

– *Conquering an Enemy Called Average, John Mason*

### **How to Overcome Fear:**

1. Build your faith more than your fear.

#### **Hebrews 11:6 NKJ**

*But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.*

#### **Romans 10:17 NKJ**

*So then faith comes by hearing, and hearing by the word of God.*

#### **Joshua 1:6-9 NKJ**

*“Be strong and of good courage, for to this people you shall divide as an inheritance the land which I swore to their fathers to give them. Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. Have I not commanded you? Be strong and of good courage; do not*

*be afraid, nor be dismayed, for the Lord your God is with you wherever you go.”*

**Proverbs 29:25 NKJ**

*The fear of man brings a snare, but whoever trusts in the Lord shall be safe.*

**Galatians 1:10 NLT**

*Obviously, I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant.*

2. Speak your faith to your fear.

**Proverbs 18:21 NKJ**

*Death and life are in the power of the tongue, and those who love it will eat its fruit.*

**Proverbs 21:23 NIV**

*Those who guard their mouths and their tongues keep themselves from calamity.*

**Mark 11:23 NKJ**

*“For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says.”*

3. Attack your fear with active faith.

**Matthew 14:22-33 NKJ**

*Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, “It is a ghost!” And*

*they cried out for fear. But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid." And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?" And when they got into the boat, the wind ceased. Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God."*