

**FAMILY STRONG: Selfless**  
**Pastor Johnson Bowie**  
**August 22-23, 2015**

**Philippians 2:1-8 NIV**

*Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!*

**How to Embrace the Family Health of Less Self:**

1. Don't allow CELEBRATION to turn to FRUSTRATION.

**Proverbs 22:6 NKJ**

*Train up a child in the way he should go, and when he is old he will not depart from it.*

2. Turn from ME to WE.

**Mark 2:5 NIV**

*When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven."*

3. Live by COVENANT not CONTRACT.

Covenant: BERIT (Hebrew) – agreement; alliance; oath; unbreakable promise